

# **STRETFORD AMATEUR SWIMMING CLUB**

## **CLUB CHAMPIONSHIPS 2023**

**Thursday 7<sup>th</sup> December 2023**

### **Rules of the Championships**

- 1) Galas are swum under Swim England Technical Rules. All ages are as at 31 December 2023.
- 2) All entrants **MUST** be paid up members of the Club by 1<sup>st</sup> November 2023.
- 3) To qualify for SASC Club Championships a swimmer must be training regularly with SASC. Swimmers who train regularly elsewhere may be able to enter at the discretion of the Head Coach and Committee.
- 4) Entries must be returned by:-

**SUNDAY 19<sup>th</sup> NOVEMBER 2023**

**NO LATE ENTRIES ACCEPTED**

- 5) Please check the events for which the swimmers are eligible before completing the form. All events will be heat declared winner (HDW), there are no Finals.
- 6) Trophies will be presented during the gala and trophy winners are asked to keep the trophies in good order.
- 7) The first three places in each event will receive a medal.
- 8) **Entry Fees:** £3 per event
- 9) Please complete & return the attached entry form & return to the Club desk, or to Tom ON or preferably BEFORE, the closing date above.

### **Warm Up and Start Times are:-**

Session Details:-

Thursday 7<sup>th</sup> December    Warm up 6.30pm (TBC), Start 7.30pm

**GOOD LUCK**

## Stretford ASC Club Championships 2023

Please complete in **CAPITAL LETTERS**.

Surname		First Name	
Tel. No.		Male/Female	
ASA Reg No.		Age at 31/12/2023 (whole yrs)	Yrs

If you have a PB time for an Event please enter it in the “Submitted Time” box.  
Please note all events are Heat Declared Winners (there are no Finals).

PLEASE refer to the Programme of Events before completing this form to see if you are eligible to enter the Distance and Stroke. Open events are available to everyone. Swimmers are eligible to enter only 1 event in this competition (at the discretion of the Head Coach). There are limited places in each event and entries will be accepted on a first-come-first-served basis.

Event Number	Distance & Stroke	Tick if entering	Submitted Time mm:ss.ss
401	Mixed Open 800 Free		
402	Mixed Open 1500 Free		
403	Mixed Open 400 IM		

Total Number of events Entered \_\_\_\_\_ Total Amount Paid £ \_\_\_\_\_

### Programme of Events

**Thursday 7<sup>th</sup> December 2023**

<u>Event No.</u>	<u>Event</u>	<b>Swimmers entering 800 and 1500 should have a recorded time for a 200m race to be eligible</b>
401	Mixed Open 800 Free	Open (Medals awarded for Boys and Girls separately)
402	Mixed Open 1500 Free	Open (Medals awarded for Boys and Girls separately)
403	Mixed Open 400 IM	Open (Medals awarded for Boys and Girls separately)

Photographs of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition. If there are any objections to photography/video taking of swimmers this should be given in **in writing** along with the paper entry form.

# Stretford ASC Distance Club Championships 2023

## Competition rules and conditions

Affiliated to Swim England North West & Lancashire County WPSA  
Swimming under Swim England Technical Rules

<u>FACILITY</u>	6 lane 25 metre pool Manual timing
<u>PROMOTER</u>	Stretford ASC
<u>RULES</u>	The meet will be held under Swim England Technical Rules.  This meet is licensed by the ASA at level 4 and is for swimmers who are members of Stretford ASC at the time of the gala intending to achieve Level 3 and County qualifying times. There are no qualifying entry times for this competition.
<u>AGE GROUPS</u>	Girls & Boys separately in Open age group only  Ages as at 31 <sup>st</sup> December 2023
<u>ENTRIES</u>	Closing date for entries Sunday 19th NOVEMBER 2023 Times may be submitted, but not essential. All entries must show the swimmers full date of birth and ASA registration number Entries are restricted to members of Stretford ASC as of 1st November 2023 and swimmers may only enter one event on this day (at the discretion of the head coach) To qualify for SASC Club Championships a swimmer must be training primarily with SASC. Swimmers who train regularly elsewhere may be able to enter at the discretion of the Head Coach and Committee.  Completed entries are to be returned to club desk or to Tom Pope  ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED
<u>ENTRY FEE</u>	£3 per event
<u>AWARDS</u>	Awards will be given to the first three placed swimmers overall.
<u>ENTRY CARDS</u>	This will be a cardless meet. All entries from SASC members will be accepted provided they are received by the promoter on or before the closing date. Late entries will be accepted at the discretion of the meet director.
<u>SEEDING</u>	All events will be heat declared winner (HDW), heats being seeded, slowest to fastest, based on submitted entry times.
<u>SPECTATORS</u>	Entry fee – TBC
<u>PHOTOGRAPHY</u>	Photographs of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition. If there are any objections to photography/video taking of swimmers this should be given in <b>in writing</b> along with the paper entry form.

**NO PHOTOGRAPHS SHOULD BE TAKEN ON THE DAY BY SPECTATORS OR SWIMMERS WHO ARE NOT A REPRESENTATIVE OF THE PROMOTER OF THE EVENT. ANYONE DOING SO MAY BE ASKED TO LEAVE THE COMPETITION.**