**STRETFORD AMATEUR SWIMMING CLUB**

**CLUB CHAMPIONSHIPS 2022**

**Thursday 15th December 2022**

**Rules of the Championships**

1. Galas are swum under ASA Law. All ages are as at 31 December 2022.
2. All entrants MUST be paid up members of the Club by 1st November 2022.
3. To qualify for SASC Club Championships a swimmer must have paid their 2022 ASA fees through SASC. Any exceptions to this will be at the invitation of the Head Coach.
4. Entries must be returned along with the due fees by:-

**TUESDAY 6th DECEMBER 2022**

**NO LATE ENTRIES ACCEPTED**

1. Please check the events for which the swimmers are eligible before completing the form. All events will be heat declared winner (HDW), there are no Finals.
2. Trophy winners are asked to keep the trophies in good order.
3. The first three places in each event will receive a medal.
4. **Entry Fees:** £3 per event
5. Please complete & return the attached entry form & return to the Club desk, or to Tom ON or preferably BEFORE, the closing date above.

**Warm Up and Start Times are:-**

Session Details:-

 Thursday 14th December Warm up 6.30pm, Start 7.00pm

**GOOD LUCK**

**Stretford ASC Club Championships 2022**

Please complete in **CAPITAL LETTERS.**

|  |  |  |  |
| --- | --- | --- | --- |
| Surname  |  | First Name |  |
| Tel. No.  |  | Male/Female |  |
| ASA Reg No. |  | Age at 31/12/2022 (whole yrs)  |  Yrs |

**If you have a PB time for an Event please enter it in the “Submitted Time” box.**

**Please note all events are Heat Declared Winners (there are no Finals).**

**PLEASE refer to the Programme of Events before completing this form to see if you are eligible to enter the Distance and Stroke. Open events are available to everyone. Swimmers are eligible to enter only 1 event in this competition (at the discretion of the Head Coach). There are limited places in each event and entries will be accepted on a first-come-first-served basis.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Event****Number** | **Distance & Stroke** | **Tick if entering** | **Submitted Timemm:ss.ss** |
| 401 | Mixed Open 800 Free |  |  |
| 402 | Mixed Open 1500 Free |  |  |
| 403 | Mixed Open 400 IM |  |  |

Total Number of events Entered \_\_\_\_\_\_\_\_ Total Amount Paid £\_\_\_\_\_\_\_\_\_\_\_\_\_

Programme of Events

**Thursday 15th December 2022**

|  |  |  |
| --- | --- | --- |
| ***Event No.*** | ***Event*** | **Swimmers entering 800 and 1500 should have a recorded time for a 200m race to be eligible** |
| 401 | Mixed Open 800 Free |  Open (Medals awarded for Boys and Girls separately) |
| 402 | Mixed Open 1500 Free |  Open (Medals awarded for Boys and Girls separately) |
| 403 | Mixed Open 400 IM |  Open (Medals awarded for Boys and Girls separately) |

Photographs of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition. If there are any objections to photography/video taking of swimmers this should be given in **in writing** along with the paper entry form.**Stretford ASC Distance Club Championships 2022**

**Competition rules and conditions**

**Affiliated to ASA North West Region & Lancashire**

**Under ASA Laws and Regulations and ASA Technical Rules of Swimming**

FACILITY 6 lane 25 metre pool

 Manual timing

PROMOTER Stretford ASC

RULES The meet will be held under ASA laws and ASA Technical rules

 The ONE-START RULE will be in operation throughout the meet

This meet is licensed by the ASA at level 4 and is for swimmers who are members of Stretford ASC at the time of the gala intending to achieve Level 3 and County qualifying times. There are no qualifying entry times for this competition.

AGE GROUPS Girls & Boys separately in Open age group only

 Ages as at 31st December 2022

ENTRIES Closing date for entries Tuesday 6th DECEMBER 2022

 Times may be submitted, but not essential.

 All entries must show the swimmers full date of birth and ASA registration number

 Entries are restricted to members of Stretford ASC as of 1st November 2022 and swimmers may only enter one event on this day (at the discretion of the head coach)

 To qualify for SASC Club Championships a swimmer must have paid their 2022 ASA fees through SASC. Any exceptions to this will be at the invitation of the Head Coach.

 Completed entries are to be returned to club desk or to Tom Pope

 ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED

ENTRY FEE £3 per event

AWARDS Awards will be given to the first three placed swimmers overall.

ENTRY CARDS This will be a cardless meet. All entries from SASC members will be accepted provided they are received by the promoter on or before the closing date. Late entries will be accepted at the discretion of the meet director.

SEEDING All events will be heat declared winner (HDW), heats being seeded, slowest to fastest, based on submitted entry times.

SPECTATORS Entry fee – TBC

PHOTOGRAPHY Photographs of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition. If there are any objections to photography/video taking of swimmers this should be given in **in writing** along with the paper entry form.

**NO PHOTOGRAPHS SHOULD BE TAKEN ON THE DAY BY SPECTATORS OR SWIMMERS WHO ARE NOT A REPRESENTATIVE OF THE PROMOTER OF THE EVENT. ANYONE DOING SO MAY BE ASKED TO LEAVE THE COMPETITION.**