**STRETFORD AMATEUR SWIMMING CLUB**

**CLUB CHAMPIONSHIPS 2022**

**FRIDAY 2nd DECEMBER Event No starting with 1**

**SATURDAY 3rd DECEMBER Event No starting with 2**

**SUNDAY 4th DECEMBER Event No starting with 3**

**Rules of the Championships**

1. Galas are swum under Swim England Technical Rules. All ages are as at 31st December 2022.
2. All entrants MUST be paid up members of the Club by 1st November 2022.
3. To qualify for SASC Club Championships a swimmer must have paid their 2022 Swim England fees through SASC. Any exceptions to this will be at the invitation of the Head Coach.
4. Entries must be returned by:-

**FRIDAY 18TH NOVEMBER**

**Or before if at all possible**

**NO LATE ENTRIES ACCEPTED**

1. Please check the events for which the swimmers are eligible before completing the form. All events will be heat declared winner (HDW), there are no Finals.
2. Trophy winners are asked to keep trophies in good order once presented at the presentation evening in the New Year.
3. The first three places in each event will receive a medal.
4. For 2022 Championships all entries will be **£3 per event.**
5. Please complete & return the attached entry form & return to the Club desk which will be running on Sunday 6th November and Sunday 13th November, or hand forms to Tom at training ON or preferably BEFORE, the closing date above.
6. Payment will be taken automatically via Swim Manager.
7. There may be random lane draw prizes during all three galas.

**Warm Up and Start Times are:-**

Session Details:-

Friday 2nd December Warm up 6.40pm. Start 7.00pm TBC

Saturday 3rd December Warm up and Start between 3pm and 7pm TBC

Sunday 4th December Warm up 4.10pm, Start 4.30pm TBC

**GOOD LUCK**

**Stretford ASC Club Championships 2022**

Please complete in **CAPITAL LETTERS.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Surname |  | First Name |  | |
| Tel. No. |  | Male/Female | |  |
| Swim England Reg No. |  | Age at 31/12/2022 (whole yrs) | | Yrs |

**If you have a PB time for an Event please enter it in the “Submitted Time” box.**

**Please note all events are Heat Declared Winners (there are no Finals).**

**PLEASE refer to the Programme of Events before completing this form to see if you are eligible to enter the Distance and Stroke.**

**All swimmers are encouraged to enter their age group events. (Age as at 31/12/22)**

**Open events are available to everyone and all swimmers are encouraged to enter Open events.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Distance & Stroke** | **Event**  **Numbers** | **Event**  **Number you have entered** | **Submitted Time mm:ss.ss** |
| 25m Freestyle | 203, 316, 317 |  |  |
| 50m Freestyle | 308, 309 |  |  |
| 50m Freestyle (Open Event) | 318,319 |  |  |
| 100m Freestyle | 111, 113 |  |  |
| 100m Freestyle (Open event) | 210, 211 |  |  |
| 200m Freestyle | 101 |  |  |
| 400m Freestyle | 218 |  |  |
| 25m Backstroke | 305 |  |  |
| 50m Backstroke | 312, 313 |  |  |
| 50m Backstroke (Open event) | 103, 104 |  |  |
| 100m Backstroke | 105, 108 |  |  |
| 100m Backstroke (Open event) | 214, 215 |  |  |
| 200m Backstroke | 201, 202 |  |  |
| 25m Breaststroke | 102 |  |  |
| 50m Breaststroke | 204, 209 |  |  |
| 50m Breaststroke (Open event) | 301, 302 |  |  |
| 100m Breaststroke | 310, 311 |  |  |
| 100m Breaststroke (Open event) | 205, 208 |  |  |
| 200m Breaststroke | 114, 115 |  |  |
| 25m Butterfly | 112 |  |  |
| 50m Butterfly | 107, 110 |  |  |
| 50m Butterfly (Open event) | 216, 217 |  |  |
| 100m Butterfly | 206, 207 |  |  |
| 100m Butterfly (Open event) | 314, 315 |  |  |
| 200m Butterfly | 303, 304 |  |  |
| 100m Individual Medley | 212, 213 |  |  |
| 100m Individual Medley (Open event) | 106, 109 |  |  |
| 200m Individual Medley | 306, 307 |  |  |

Total Number of events Entered \_\_\_\_\_ Total Amount Paid @ £3 per event £\_\_\_\_\_\_

Programme of Events 2022

Keep these sheets for your reference

**Friday 2nd December 2022**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ***Event No.*** | ***Event*** | *Available to the following Age Groups:-*  *Trophies are awarded for each age group* | | | |  |
| 101 | Mixed Open 200m Free | 14/Un | Open | (Boys and Girls - separate results) | | |
| 102 | Mixed 9/Un 25m Breast | 8/Un | 9 yrs | (Boys and Girls - separate results) | | |
| 103 | Ladies Open 50 Backstroke | Open |  |  |  |  |
| 104 | Mens Open 50 Backstroke | Open |  |  |  |  |
| 105 | Girls 14/16 100m Back | 14/16 yrs |  |  |  |  |
| 106 | Mens Open 100m IM | Open |  |  |  |  |
| 107 | Girls 10/13 yrs 50m Butterfly | 10/11 yrs | 12/13 yrs |  |  |  |
| 108 | Boys 14/16 100m Back | 14/16 yrs |  |  |  |  |
| 109 | Ladies Open 100m IM | Open |  |  |  |  |
| 110 | Boys 10/13 yrs 50m Butterfly | 10/11 yrs | 12/13 yrs |  |  |  |
| 111 | Girls 14/16 100m Free | 14/16 yrs |  |  |  |  |
| 112 | Mixed 9/Un 25m Butterfly | 8/Un | 9 yrs | (Boys and Girls - separate results) | | |
| 113 | Boys 14/16 100m Free | 14/16 yrs |  |  |  |  |
| 114 | Ladies Open 200m Breast | Open |  |  |  |  |
| 115 | Mens Open 200m Breast | Open |  |  |  |  |

**Saturday 3rd December 2022**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ***Event No.*** | ***Event*** | *Available to the following Age Groups:-*  *Trophies are awarded for each age group* | | | |  |
| 201 | Ladies Open 200m Back | Open |  |  |  |  |
| 202 | Mens Open 200m Back | Open |  |  |  |  |
| 203 | Mixed 9/Un 25m Free | 8/Un | 9 yrs | (Boys and Girls - separate results) | | |
| 204 | Girls 10/13 yrs 50m Breast | 10/11 yrs | 12/13 yrs |  |  |  |
| 205 | Mens Open 100m Breast | Open |  |  |  |  |
| 206 | Girls 14/16 100m Butterfly | 14/16 yrs |  |  |  |  |
| 207 | Boys 14/16 100m Butterfly | 14/16 yrs |  |  |  |  |
| 208 | Ladies Open 100m Breast | Open |  |  |  |  |
| 209 | Boys 10/13 yrs 50m Breast | 10/11 yrs | 12/13 yrs |  |  |  |
| 210 | Ladies Open 100m Free | Open |  |  |  |  |
| 211 | Mens Open 100m Free | Open |  |  |  |  |
| 212 | Girls 10/16 100m IM | 10/11 yrs | 12/13 yrs | 14/16 yrs |  |  |
| 213 | Boys 10/16 100m IM | 10/11 yrs | 12/13 yrs | 14/16 yrs |  |  |
| 214 | Ladies Open 100m Back | Open |  |  |  |  |
| 215 | Mens Open 100m Back | Open |  |  |  |  |
| 216 | Ladies Open 50 Fly | Open |  |  |  |  |
| 217 | Mens Open 50 Fly | Open |  |  |  |  |
| 218 | Mixed Open 400m Free | 12/Un | 13/14 yrs | 15/16 yrs | Open | Boys |
| 12/Un | 13/14 yrs | 15/16 yrs | Open | Girls |

/continued

Programme of Events 2022

**Sunday 4th December 2022**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ***Event No.*** | ***Event*** | *Available to the following Age Groups:-*  *Trophies are awarded for each age group* | | | |  |
| 301 | Ladies Open 50 Breaststroke | Open |  |  |  |  |
| 302 | Mens Open 50 Breaststroke | Open |  |  |  |  |
| 303 | Ladies Open 200m Fly | Open |  |  |  |  |
| 304 | Mens Open 200m Fly | Open |  |  |  |  |
| 305 | Mixed 9/Un 25m Back | 8/Un | 9 yrs | (Boys and Girls - separate results) | | |
| 306 | Ladies Open 200m IM | 14/Un | Open |  |  |  |
| 307 | Mens Open 200m IM | 14/Un | Open |  |  |  |
| 308 | Girls 13/Un 50m Free | 8/Un | 9 yrs | 10/11 yrs | 12/13 yrs |  |
| 309 | Boys 13/Un 50m Free | 8/Un | 9 yrs | 10/11 yrs | 12/13 yrs |  |
| 310 | Girls 14/16 100m Breaststroke | 14/16 yrs |  |  |  |  |
| 311 | Boys 14/16 100m Breaststroke | 14/16 yrs |  |  |  |  |
| 312 | Girls 10/13 yrs 50m Back | 10/11 yrs | 12/13 yrs |  |  |  |
| 313 | Boys 10/13 yrs 50m Back | 10/11 yrs | 12/13 yrs |  |  |  |
| 314 | Ladies Open 100m Butterfly | Open |  |  |  |  |
| 315 | Mens Open 100m Butterfly | Open |  |  |  |  |
| 316 | Mums Race 25m | Open |  |  |  |  |
| 317 | Dads Race 25m | Open |  |  |  |  |
| 318 | Ladies Open 50m Free | Open |  |  |  |  |
| 319 | Mens Open 50m Free | Open |  |  |  |  |

Photographs of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition. If there are any objections to photography/video taking of swimmers this should be given in **in writing** along with the paper entry form.**Stretford ASC Club Championships 2022**

**Competition rules and conditions**

**Affiliated to Swim England North West & Lancashire County WPSA**

**Swimming under Swim England Technical Rules**

FACILITY 6 lane 25 metre pool

Manual timing

PROMOTER Stretford ASC

RULES The meet will be held under Swim England Technical Rules

This meet is licensed by the Swim England at Level 4 and is for swimmers who are members of Stretford ASC at the time of the gala intending to achieve Level 3 and County qualifying times. There are no qualifying entry times for this competition.

AGE GROUPS Girls & Boys separately in 8yrs+Un, 9yrs, 10/11, 12/13yrs, 14-16yrs, Open

Ages as at 31st December 2022

ENTRIES Closing date for entries Friday 18th November 2022

Times may be submitted, but not essential.

All entries must show the swimmers full date of birth and Swim England registration number

Entries are restricted to members of Stretford ASC as of 1st November 2022. To qualify for SASC Club Championships a swimmer must have paid their 2022 Swim England fees through SASC. Any exceptions to this will be at the invitation of the Head Coach.

Completed entries are to be returned to the club desk which will run on Sunday 6th November and Sunday 13th November or handed to Tom at training on or before the closing date.

ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED

ENTRY FEE £3 per event. Payment will be taken automatically vis Swim Manager.

AWARDS Awards will be given to the first three placed swimmers in each age group.

ENTRY CARDS This will be a cardless meet. All entries from SASC members will be accepted provided they are received by the promoter on or before the closing date.

SEEDING All events will be heat declared winner (HDW), heats being seeded, slowest to fastest, based on submitted entry times.

SPECTATORS Entry fee – TBC to includes a programme and raffle ticket.

QUERIES Please direct any queries to tompope@btinternet.com

PHOTOGRAPHY Photographs of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition. If there are any objections to photography/video taking of swimmers this should be given in **in writing** along with the paper entry form.

**NO PHOTOGRAPHS SHOULD BE TAKEN ON THE DAY BY SPECTATORS OR SWIMMERS WHO ARE NOT A REPRESENTATIVE OF THE PROMOTER OF THE EVENT. ANYONE DOING SO MAY BE ASKED TO LEAVE THE COMPETITION.**