

SASC & ASC 400M Time Trials

EVENT 101 Boys/Girls Open 400m Freestyle

BOYS - Full Results

Place	Name	AaD	Club	Time		FINA Pt	Pl./Ht.									
1.	Michael Wu		14	Altrincham		4:29.39	489									
	50m	30.62	100m	1:05.06	150m	1:40.46	200m	2:15.78	250m	2:50.22	300m	3:24.84	350m	3:57.92	400m	4:29.39
		30.62			34.44	35.40		35.32		34.44		34.62		33.08		31.47
2.	Eber Meyer Clayton		16	Stretford		4:34.26	463									
	50m	30.21	100m	1:04.52	150m	1:39.73	200m	2:15.60	250m	2:50.37	300m	3:25.58	350m	4:00.23	400m	4:34.26
		30.21			34.31	35.21		35.87		34.77		35.21		34.65		34.03
3.	Ethan Sharp		14	Altrincham		5:14.42	307									
	50m	34.90	100m	1:13.37	150m	1:53.93	200m	2:34.48	250m	3:15.14	300m	3:56.31	350m	4:36.14	400m	5:14.42
	3	4.90			38.47	40.56		40.55		40.66		41.17		39.83		38.28
4.	Thomas Cole		14	Stretford		5:19.36	293									
	50m	34.13	100m	1:13.03	150m	1:54.36	200m	2:35.41	250m	3:17.17	300m	3:58.33	350m	4:38.92	400m	5:19.36
		34.13			38.90	41.33		41.05		41.76		41.16		40.59		40.44
5.	James Forsyth		13	Altrincham		5:26.12	275									
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m	5:26.12							
6.	Cole Hood		12	Stretford		5:39.79	243									
	50m	35.67	100m	1:17.69	150m	2:01.75	200m	2:45.83	250m	3:30.64	300m	4:14.37	350m	4:57.64	400m	5:39.79
		35.67			42.02	44.06		44.08		44.81		43.73		43.27		42.15
7.	Jake McMurray		13	Stretford		5:42.95	237									
	50m	36.54	100m	1:18.93	150m	2:02.32	200m	2:46.35	250m	3:31.29	300m	4:15.82	350m	4:59.63	400m	5:42.95
		36.54			42.39	43.39		44.03		44.94		44.53		43.81		43.32
8.	Toby Holland		12	Altrincham		5:52.98	217									
	50m -	100m	1:23.08	150m -	200m	2:54.92	250m -	300m	4:26.94	350m -	400m	5:52.98				
9.	Brogan Holland		12	Altrincham		5:52.99	217									
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m	5:52.99							
10.	Thomas Birch		12	Altrincham		5:53.00	217									
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m	5:53.00							

11.	Tom Hall	12	Stretford	5:56.04	211
	50m - 100m	1:23.46	150m - 200m	2:54.89	250m - 300m 4:26.23
			350m - 400m	5:56.04	
12.	Archer Blann	12	Altrincham	5:56.18	211
	50m - 100m	1:23.69	150m - 200m	2:54.89	250m - 300m 4:26.23
			350m - 400m	5:56.18	
13.	Sam McCusker	12	Altrincham	5:56.99	210
	50m - 100m	1:24.50	150m - 200m	2:56.27	250m - 300m 4:28.16
			350m - 400m	5:56.99	
14.	Danny Wu	12	Altrincham	5:57.63	209
	50m - 100m	1:26.03	150m - 200m	2:59.13	250m - 300m 4:29.93
			350m - 400m	5:57.63	
15.	Luca White	10	Altrincham	6:01.83	201
	50m - 100m - 150m - 200m - 250m - 300m - 350m - 400m	6:01.83			
16.	Thomas Smith	12	Altrincham	6:40.46	148
	50m - 100m - 150m - 200m - 250m - 300m - 350m - 400m	6:40.46			

GIRLS - Full Results

Place	Name	AaD	Club	Time		FINA Pt	Pl./Ht.					
1.	Emily Inns		17	Altrincham	4:42.61	567						
	50m	30.08	100m	1:05.69	150m 1:41.28	200m 2:17.20	250m 2:52.89	300m 3:29.17	350m 4:06.14	400m 4:42.61		
		30.08		35.61	35.59	35.92	35.69	36.28	36.97	36.47		
2.	Bethan Roberts		16	Stretford	4:54.34	501						
	50m	32.90	100m	1:09.05	150m 1:46.57	200m 2:24.49	250m 3:02.36	300m 3:40.16	350m 4:18.00	400m 4:54.34		
		32.90		36.15	37.52	37.92	37.87	37.80	37.84	36.34		
3.	Chloe Scott		16	Stretford	5:04.65	452						
	50m	33.20	100m	1:11.48	150m 1:50.25	200m 2:29.41	250m 3:09.22	300m 3:48.10	350m 4:27.13	400m 5:04.65		
		33.20		38.28	38.77	39.16	39.81	38.88	39.03	37.52		
4.	Nina Roberts		16	Stretford	5:04.77	452						
	50m	33.04	100m	1:10.19	150m 1:48.84	200m 2:28.33	250m 3:07.95	300m 3:46.94	350m 4:26.47	400m 5:04.77		
		33.04		37.15	38.65	39.49	39.62	38.99	39.53	38.30		
5.	Isabelle Dusterloh		13	Altrincham	5:10.05	429						
	50m	34.13	100m	1:12.41	150m 1:52.38	200m 2:32.93	250m 3:12.54	300m 3:52.17	350m 4:31.98	400m 5:10.05		
		34.13		38.28	39.97	40.55	39.61	39.63	39.81	38.07		

6.	Lois Anderton	13	Stretford	5:13.84	414											
	50m	35.70	100m	1:15.46	150m	1:55.43	200m	2:35.73	250m	3:15.52	300m	3:55.58	350m	4:35.69	400m	5:13.84
		35.70		39.76		39.97		40.30		39.79		40.06		40.11		38.15
7.	Marcia Bridgman	13	Stretford	5:18.25	397											
	50m	35.28	100m	1:15.60	150m	1:56.70	200m	2:37.10	250m	3:18.12	300m	3:58.21	350m	4:39.20	400m	5:18.25
		35.28		40.32		41.10		40.40		41.02		40.09		40.99		39.05
8.	Wendy Du	13	Altrincham	5:20.36	389											
	50m	35.34	100m	1:15.98	150m	1:56.87	200m	2:38.04	250m	3:19.09	300m	3:59.75	350m	4:41.09	400m	5:20.36
		35.34		40.64		40.89		41.17		41.05		40.66		41.34		39.27
9.	Lyra Limbert	13	Stretford	5:31.71	350											
	50m	37.09	100m	1:19.00	150m	2:01.88	200m	2:45.12	250m	3:27.33	300m	4:09.79	350m	4:51.25	400m	5:31.71
		37.09		41.91		42.88		43.24		42.21		42.46		41.46		40.46
10.	Hannah Birch	15	Altrincham	5:35.00	340											
	50m	37.72	100m	1:19.29	150m	2:02.83	200m	2:46.18	250m	3:29.55	300m	4:13.07	350m	4:55.72	400m	5:35.00
		37.72		41.57		43.54		43.35		43.37		43.52		42.65		39.28
11.	Holly Scott	13	Stretford	5:38.56	329											
	50m	37.90	100m	1:20.30	150m	2:03.10	200m	2:47.30	250m	3:32.10	300m	4:16.10	350m	4:59.10	400m	5:38.56
		37.90		42.40		42.80		44.20		44.80		44.00		43.00		39.46
12.	Lucy Butt	13	Stretford	5:39.33	327											
	50m -	100m	1:19.61	150m -	200m	2:46.83	250m -	300m	4:15.80	350m -	400m	5:39.33				
13.	Megan Newell	14	Stretford	5:40.37	324											
	50m -	100m	1:19.20	150m -	200m	2:45.40	250m -	300m	4:13.16	350m -	400m	5:40.37				
14.	Mollie Offord	11	Altrincham	5:42.11	319											
	50m -	100m	1:17.42	150m -	200m	2:46.57	250m -	300m	4:15.87	350m -	400m	5:42.11				
15.	Betsy Alderson	14	Altrincham	5:55.49	284											
	50m -	100m	1:23.91	150m -	200m	2:53.43	250m -	300m	4:26.84	350m -	400m	5:55.49				
16.	Aimee Stott	12	Stretford	5:59.68	275											
	50m -	100m -	150m -	200m	2:54.90	250m -	300m -	350m -	400m	5:59.68						
17.	Pearl O'Brien	13	Stretford	6:02.33	269											
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m	6:02.33							

18.	Leila Cornwall	12	Altrincham	6:02.37	268
	50m - 100m - 150m - 200m - 250m - 300m - 350m - 400m 6:02.37				
19.	Sadie Lazenby-Tracey	10	Stretford	6:19.88	233
	50m - 100m - 150m - 200m - 250m - 300m - 350m - 400m 6:19.88				
20.	Evie Struggles	11	Altrincham	7:12.11	158
	50m - 100m - 150m - 200m - 250m - 300m - 350m - 400m 7:12.11				
21.	Katy Emmett	10	Altrincham	7:18.43	151
	50m - 100m - 150m - 200m - 250m - 300m - 350m - 400m 7:18.43				

EVENT 102 Boys/Girls Open 400m IM

BOYS - Full Results

Place	Name	AaD	Club	Time	FINA Pt	Pl./Ht.				
1.	Lachlan Beazley	15	Altrincham	4:51.40	523					
	50m	29.07	100m	1:03.69	150m	1:40.81	200m	2:17.25	250m	2:59.70
		29.07		34.62		37.12		36.44		42.45
								42.76		35.42
										33.52
2.	Jaeden Lim	15	Stretford	5:13.94	418					
	50m	31.02	100m	1:07.21	150m	1:47.67	200m	2:27.69	250m	3:15.23
		31.02		36.19		40.46		40.02		47.54
								48.15		35.92
										34.64
3.	Max Offord	13	Altrincham	5:25.46	375					
	50m	35.05	100m	1:16.75	150m	1:57.96	200m	2:37.92	250m	3:23.39
		35.05		41.70		41.21		39.96		45.47
								45.84		38.96
										37.27
4.	Joseph Wiggan	13	Altrincham	5:37.89	335					
	50m	33.11	100m	1:13.31	150m	1:59.25	200m	2:42.81	250m	3:31.34
		33.11		40.20		45.94		43.56		48.53
								50.03		40.51
										36.01
5.	Noah Lazenby-Tracey	13	Stretford	5:49.65	302					
	50m	35.09	100m	1:18.37	150m	2:03.61	200m	2:46.64	250m	3:38.33
		35.09		43.28		45.24		43.03		51.69
								51.21		40.80
										39.31
6.	Sam McCusker	12	Altrincham	6:42.98	197					
	50m - 100m - 150m - 200m - 250m - 300m - 350m - 400m 6:42.98									
7.	Toby Holland	12	Altrincham	6:53.19	183					
	50m - 100m 1:42.98 150m - 200m 3:22.07 250m - 300m 5:21.19 350m - 400m 6:53.19									

8.	Ivan Limbert	11	Stretford	7:04.29	169
	50m - 100m	1:52.93	150m - 200m	3:37.46	250m - 300m 5:34.57
					350m - 400m 7:04.29
9.	Thomas Smith	12	Altrincham	7:53.02	122
	50m - 100m	1:51.41	150m - 200m	3:52.38	250m - 300m 6:11.41
					350m - 400m 7:53.02
	Abhilash Eldi	15	Altrincham	DNC	
	Rory Monaghan	12	Altrincham	DQ T	

GIRLS - Full Results

Place	Name	AaD	Club	Time		FINA Pt		Pl./Ht.								
1.	Isabella Holmes	14	Stretford	5:46.48		417										
	50m	36.14	100m	1:22.18	150m	2:06.16	200m	2:50.19	250m	3:39.22	300m	4:30.22	350m	5:09.11	400m	5:46.48
		36.14		46.04		43.98		44.03		49.03		51.00		38.89		37.37
2.	Wendy Du	13	Altrincham	5:46.92		415										
	50m	37.26	100m	45.16	150m	44.29	200m	43.43	250m	50.38	300m	51.76	350m	38.11	400m	5:46.92
3.	Lois Anderton	13	Stretford	5:57.21		380										
	50m	41.10	100m	1:28.75	150m	2:11.52	200m	2:55.35	250m	3:47.08	300m	4:39.81	350m	5:18.72	400m	5:57.21
		41.10		47.65		42.77		43.83		51.73		52.73		38.91		38.49
4.	Cerys Newell	15	Stretford	6:22.49		310										
	50m	42.51	100m	51.30	150m	49.51	200m	48.94	250m	50.30	300m	52.24	350m	45.23	400m	6:22.49
5.	Betsy Alderson	14	Altrincham	6:36.63		278										
	50m - 100m	1:36.56	150m - 200m	3:15.18	250m - 300m	5:06.37	350m - 400m	6:36.63								
	-	1:36.56	-	1:38.62	-	1:51.19	-	1:30.26								
6.	Hannah Burns	12	Altrincham	6:41.43		268										
	50m - 100m	1:31.12	150m - 200m	3:09.61	250m - 300m	5:08.54	350m - 400m	6:41.43								
	-	1:31.12	-	1:38.49	-	1:58.93	-	1:32.89								
7.	Abigail Russell	14	Altrincham	6:43.10		265										
	50m - 100m - 150m -		200m - 250m - 300m -		350m - 400m	6:43.10										
8.	Lourdes Barrant	12	Stretford	6:52.78		246										
	50m - 100m	1:39.13	150m - 200m	3:21.21	250m - 300m	5:18.15	350m - 400m	6:52.78								
	Hannah Russell	11	Altrincham	DQ T												
	Lyra Limbert	13	Stretford	DQ T												