

SASC Level X Champs 2021 – Performance

Please return forms in person, via email or via WhatsApp/Instagram picture to Tom **by Wed 14th July**

Swimmer Name: _____

Group: _____

Events – Please tick those you wish to enter.

Medals will be awarded separately for Boys/Girls in each swim group Performance 1/Performance 2.

Start times for events are estimates, but will not be earlier than the time stated.

There will be 15 mins warm up at the start of each session, with swim down in any spare time we have.

Social distancing must be maintained at all times on poolside

Friday 16th July – 8.05-9.15pm

Event no	Stroke	Event start time	Tick to enter
Event 1	200 Fly	8.20pm	
Event 2	100 Free	8.30pm	
Event 3	100 Breast	8.45pm	
Event 4	200 Back	9.00pm	

Saturday 17th July – 7.20-9.15pm

Event no	Stroke	Event start time	Tick to enter
Event 1	100 IM	7.35pm	
Event 2	200 Free	7.50pm	
Event 3	100 Fly	8.10pm	
	Swim down if time	8.20pm	
Event 4	200 Breast	8.30pm	
Event 5	100 Back	8.45pm	
Event 6	200 IM	9.00pm	

Sunday 18th July – 8.10-9.15pm

Event no	Stroke	Event start time	Tick to enter
Event 1	50 Fly	8.25pm	
Event 2	50 Back	8.37pm	
Event 3	50 Breast	8.49pm	
Event 4	50 Free	9.01pm	