

Trafford Borough Christmas Cracker – Level 3 Open Meet
(Affiliated to the North West Region, Lancashire County Water Polo and Swimming Association and
Cheshire County Water Polo and Swimming Association)

traffordboroughnetwork@gmail.com

Swim21 Trafford Borough Network comprises Altrincham Swimming Club, Flixton Swim Team,
Stretford Swimming Club and Trafford Metro Swimming Club.

This Meet is held under ASA Laws and Technical Rules.



Trafford Borough Christmas Cracker

Level 3 Open Meet



ASA Level 3 Short Course Licensed Meet

Sunday 15th December 2019

Stretford Sports Village,

Great Stone Rd,

Stretford,

Manchester,

M32 0ZS

Licence No – 3NW192010

Promotor: Clubs of the Swim21 Trafford Borough Network

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Information Pack and Entry Form

ASA Level 3 (Open to Category 2 ASA members).

Licence Number: **3NW192010**

Date:	Sunday 15th December 2019
Venue:	Stretford Sports Village, Great Stone Road, Stretford, Manchester, M32 0ZS.
Facilities :	6 Lane, 25m Pool Colorado Dolphin Electronic Timing System
Entries Open	30th October 2019 at 6.00pm
Entries Close	1st December 2019 - entries are taken on a first come, first served basis and the meet may fill up before the deadline
Session Times :	Session One : Warm up – 8.00am; start 9.00am Session Two : TBC
Age Groups :	9 Years, 10 Years, 11 Years, 12 Years, 13 Years, 14 Years, 15 and over
Age on Day:	Age as on day of Competition (15/12/19)
Awards:	Medals for top 3 in each age group, awards for 4-6 th place
Entry Times:	Please check consideration times carefully. Please provide REALISTIC estimated times if previous ranking times are not available.
Entries:	Cost Per Individual Entry : £4 (Electronic Entry)/ £5 (Paper) Coaches Pass: £10 includes start sheets, programme and poolside entry. (Clubs who offer a licensed official for the meet will be given a free coach's pass)
All Entries to:	Tom Pope 41 Egerton Road North Chorlton Manchester M21 0SN Cheques payable to SASC

Please email the club Sportsystems entry file to the below address before the closing date. **Please note entries are taken on a first come, first served basis and the meet may fill up before the deadline.**

Email: traffordboroughnetwork@gmail.com

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Session One: Warm up – 8.00am Start – 9.00am

Event No.	Age	Event
101 Boys	9 & Over	100m Ind Medley
102 Girls	9 & Over	100m Butterfly
103 Boys	9 & Over	50m Butterfly
104 Girls	9 & Over	50m Breaststroke
105 Boys	9 & Over	50m Breaststroke
106 Girls	9 & Over	100m Backstroke
107 Boys	9 & Over	100m Backstroke
108 Girls	9 & Over	50m Freestyle
109 Boys	9 & Over	100m Freestyle

Session Two: Times TBC when entries known

Event No.	Age	Event
201 Girls	9 & Over	100m Ind Medley
202 Boys	9 & Over	100m Butterfly
203 Girls	9 & Over	50m Butterfly
204 Boys	9 & Over	100m Breaststroke
205 Girls	9 & Over	100m Breaststroke
206 Boys	9 & Over	50m Backstroke
207 Girls	9 & Over	50m Backstroke
208 Boys	9 & Over	50m Freestyle
209 Girls	9 & Over	100m Freestyle

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Consideration Times -

All entry times must be between the upper and lower times given below. Checks will be made against the current ASA rankings database.
(Estimated times accepted only for swimmers without a previous time in the event)

Boys Consideration Times							Short Course 25m			Girls Consideration Times						
9	10	11	12	13	14	15	QT	Events	QT	15	14	13	12	11	10	9
							Upp	50m Free	Upp							
58.00	55.00	50.00	43.00	40.00	39.00	38.00	Lwr		Lwr	39.00	40.00	41.00	44.00	51.00	55.00	58.00
1:04.00	1:02.50	1:01.47	59.93	57.85	55.70	53.31	Upp	100m Free	Upp	58.88	59.21	1:00.21	1:01.56	1:02.01	1:03.50	1:05.00
1:54.00	1:50.00	1:46.00	1:38.00	1:26.00	1:24.00	1:23.00	Lwr		Lwr	1:25.00	1:26.00	1:28.00	1:39.00	1:48.00	1:53.00	1:57.00
							Upp	50m Back	Upp							
1:03.00	59.00	55.00	51.00	47.00	45.00	44.00	Lwr		Lwr	47.00	48.00	50.00	53.00	56.00	59.00	1:03.00
1.11.00	1:09.50	1:08.00	1:06.20	1:04.93	1:01.53	58.87	Upp	100m Back	Upp	1:02.51	1:04.86	1:06.79	1:09.80	1:10.29	1:11.50	1:12.90
2:05.00	2:01.00	1:55.00	1:49.00	1:44.00	1:38.00	1:36.00	Lwr		Lwr	1:41.00	1:42.00	1:47.00	1:50.00	1:56.00	2:02.00	2:06.00
							Upp	50m Breast	Upp							
1:10.00	1:06.00	59.00	57.00	53.00	49.00	48.00	Lwr		Lwr	49.00	50.00	55.00	58.00	1:00.00	1:06.00	1:10.00
1:22.50	1:20.50	1:19.01	1:17.50	1:14.40	1:10.50	1:08.91	Upp	100m Breast	Upp	1:14.09	1:15.42	1:16.00	1:18.50	1:19.34	1:20.50	1:22.50
2:17.00	2:13.00	2:08.00	2:04.00	1:54.00	1:46.00	1:45.00	Lwr		Lwr	1:50.00	1:51.00	1:58.00	2:06.00	2:09.00	2:14.00	2:18.00
							Upp	50m Fly	Upp							
1:05.00	1:02.00	55.00	52.00	49.00	44.00	43.00	Lwr		Lwr	44.00	45.00	50.00	53.00	56.00	1:02.00	1:05.00
1:12.50	1:10.50	1:08.11	1:06.44	1:04.54	1:01.57	59.98	Upp	100m Fly	Upp	1:04.37	1:05.53	1:06.62	1:08.19	1:09.65	1:11.50	1:13.50
2:12.00	2:06.00	2:00.00	1:54.00	1:46.00	1:36.00	1:35.00	Lwr		Lwr	1:40.00	1:41.00	1:50.00	1:55.00	2:01.00	2:07.00	2:13.00
1:30.00	1:22.50	1:20.00	1:15.50	1:10.00	1:04.50	59.80	Upp	100m IM	Upp	1:00.90	1:05.60	1:11.00	1:16.50	1:21.00	1:23.50	1:31.00
2:20.00	2:10.00	2:00.00	1:55.00	1:48.00	1:45.00	1:44.00	Lwr		Lwr	1:51.00	1:52.00	1:55.00	2:02.00	2:06.00	2:11.00	2:21.00

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Venue:

**Stretford Sports Village,
Great Stone Rd,
Stretford,
Manchester,
M32 0ZS.**

6 Lane, 25 metre Pool

No swim down facilities available

Parking	Limited parking is available at Stretford Sports Village, including disabled car parking and bicycle parking. There is further parking to the rear of the building and on the side car park.
Metrolink	Get off at Old Trafford stop, walk down Brian Statham Way (past Old Trafford Cricket Ground), turn left at the lights (next to Trafford Town Hall) onto Talbot Road, turn right at the lights (next to Trafford College) onto Great Stone Road. Car park entrance for Stretford Leisure Centre is on the right.
Bus	There is a Bus stop right outside Stretford Sports Village on Chester Road
Bike	We have bike racks at both Stretford and Talbot Centres across the road

Warm up Procedure – will be published once all entries have been received and entry deadline has passed.

Please note: Coaches are responsible for their swimmers in the warm up period.

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Individual Entry Form

Note – Submitted times will be checked against BS rankings
 Rankings time will be used if found to be faster than submitted times

NAME _____

ADDRESS _____

GENDER – MALE / FEMALE (PLEASE CIRCLE)

EMAIL _____

D.O.B _____ AGE AS OF 15/12/19 _____

ASA (Cat 2) REG No _____

SWIMMING CLUB _____

Event No.	Distance/Stroke	Submitted Time mm:ss.ss
	50m Freestyle	
	100m Freestyle	
	50m Backstroke	
	100m Backstroke	
	50m Breaststroke	
	100m Breaststroke	
	50m Butterfly	
	100m Butterfly	
	100m IM	

Option 1 – Submitted through club

Total number of entries

Total paid for entries at £4 each

Cheques payable to home club

Club to email Sportsystem entry file to
traffordboroughnetwork@gmail.com

Option 2 – Individual postal entry

Total number of entries

Total paid for entries at £5 each

Cheques payable to SASC

Posted to:-

Tom Pope
 41 Egerton Road North
 Chorlton
 Manchester
 M21 0SN

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Club Entry Form

Name of Club _____
Name of Comp. Sec. _____
Address _____

Postcode _____ Tel _____
Email _____

No. Male Entries _____ @ £4 per event = £ _____

No. Female Entry Fees _____ @ £4 per event = £ _____

No. Coaches Passes _____ @ £10 = £ _____

Total = £ _____

As all poolside personnel require DBS clearance. Please make sure you provide the names and DBS numbers of the coaches / helpers who will be present on poolside on the day of the event.

Name	DBS No.

I can confirm all competitors are ASA Category 2 registered members of the club.

Signed _____

Please enclose all cheques payable to SASC and post to:

David Hoskins
7 Hillington Road
Ashton on Mersey
SALE
M33 6GQ

Meet Conditions

The meet will be held under ASA Laws & ASA Technical Rules on Sunday 15th December 2019 at Stretford Sports Village, Great Stone Road, Stretford, M32 0ZS.

The pool is a 25m, 6 lane pool with the use of electronic timing and anti-wave lane ropes.

The meet will be 'Cardless'.

1 – Award Age groups will be by age as of the 15/12/2019

2 – A competitor may only compete under the name of one club.

3 – Entries will be accepted on a first-come first-served basis and Entries Open on 30th Oct 2019 at 6.00pm. Electronic entries from Clubs and paper entries must be received by 1st December 2019 unless the meet has been declared full **before this date**. The Promoter reserves the right to reject any entry. Late entries may be accepted if the meet is undersubscribed.

4 – All starts will be into deep water (2m). 'Over the Top Starts' will be used for all events except Backstroke.

5 – Events will be seeded on submitted times. The promoter reserves the right to reduce the number of entries due to time constraints – even when swimmers comply with the meet Consideration Times.

6 – All individual events are Heat Declared Winners. Swimmers will compete in one age group only, that being dictated by their 'Age on the Day'.

7 – The three fastest swimmers in each age group, per event, will receive a medal. Swimmers finishing in 4th to 6th position will also receive an award.

8 – Age groups for top swimmers per event are as follows: 9, 10, 11, 12, 13, 14, 15 & Over.

9 – Swimmers will collect their awards from the awards desk as the meet proceeds.

10 – All swimmers must abide by the Health and Safety rules that are on display at poolside. Any swimmer contravening these rules may be excluded from the remainder of the meet. No glass bottles on poolside. Shoes to be worn when leaving poolside.

11 – The promoter reserves the right to refuse admission to any competitor or spectator.

12 – Anything not covered within these rules to be at the discretion of the meet Promoter.

14 – Any club offering a licensed official for the duration of the meet will be given a free coach's pass. Any non-swimmer on poolside must be in possession of a coach's pass (£10).

15 - Please note there is no swim down facility at the pool. A separate warm up for both girls and boys will precede the start of each session these may be divided on

