

MANCHESTER & DISTRICT SWIMMING & WATER POLO ASSOCIATION

PROGRAMME 'B' (UNDER A.S.A. TECHNICAL RULES)

VENUE: _____ DATE: _____ REFEREE: _____

					Finish Order	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
1	Gents	13/14	Freestyle	4L							
2	Ladies	13/14	Freestyle	4L							
3	Gents	15+	Backstroke	4L							
4	Ladies	15+	Backstroke	4L							
5	Gents	13/14	Medley Relay	4X2L							
6	Ladies	13/14	Medley Relay	4X2L							
7	Gents	15+	Butterfly	4L							
8	Ladies	15+	Butterfly	4L							
9	Gents	13/14	Breaststroke	4L							
10	Ladies	13/14	Breaststroke	4L							
11	Gents	15+	Medley Relay	4X2L							
12	Ladies	15+	Medley Relay	4X2L							
13	Gents	13/14	Backstroke	4L							
14	Ladies	13/14	Backstroke	4L							
15	Gents	15+	Freestyle	4L							
16	Ladies	15+	Freestyle	4L							
17	Gents	13/14	Freestyle Relay	4X2L							
18	Ladies	13/14	Freestyle Relay	4X2L							
19	Gents	15+	Breaststroke	4L							
20	Ladies	15+	Breaststroke	4L							
21	Gents	13/14	Butterfly	4L							
22	Ladies	13/14	Butterfly	4L							
23	Gents	15+	Freestyle Relay	4X2L							
24	Ladies	15+	Freestyle Relay	4X2L							
25	Mixed	4L:4G	Cannon Relay	8X2L							
					TOTAL POINTS						
					FINAL POSITIONS						

MANCHESTER & DISTRICT SWIMMING & WATER POLO ASSOCIATION

PROGRAMME 'B' (UNDER A.S.A. TECHNICAL RULES)

VENUE: _____ DATE: _____ TEAM: _____

1	Gents	13/14	Freestyle	4L		
2	Ladies	13/14	Freestyle	4L		
3	Gents	15+	Backstroke	4L		
4	Ladies	15+	Backstroke	4L		
5	Gents	13/14	Medley Relay	4X2L	1	2
					3	4
6	Ladies	13/14	Medley Relay	4X2L	1	2
					3	4
7	Gents	15+	Butterfly	4L		
8	Ladies	15+	Butterfly	4L		
9	Gents	13/14	Breaststroke	4L		
10	Ladies	13/14	Breaststroke	4L		
11	Gents	15+	Medley Relay	4X2L	1	2
					3	4
12	Ladies	15+	Medley Relay	4X2L	1	2
					3	4
13	Gents	13/14	Backstroke	4L		
14	Ladies	13/14	Backstroke	4L		
15	Gents	15+	Freestyle	4L		
16	Ladies	15+	Freestyle	4L		
17	Gents	13/14	Freestyle Relay	4X2L	1	2
					3	4
18	Ladies	13/14	Freestyle Relay	4X2L	1	2
					3	4
19	Gents	15+	Breaststroke	4L		
20	Ladies	15+	Breaststroke	4L		
21	Gents	13/14	Butterfly	4L		
22	Ladies	13/14	Butterfly	4L		
23	Gents	15+	Freestyle Relay	4X2L	1	2
					3	4
24	Ladies	15+	Freestyle Relay	4X2L	1	2
					3	4
25	Mixed	4L:4G	Cannon Relay	8X2L	1	2
					3	4
					5	6
					7	8

Cannon: Lady/Gent and Youngest to Oldest

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VENUE: _____

DATE: _____

REFEREE: _____

					Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Finish Order										
1	Gents	13/14	Freestyle	4L						
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TOTAL POINTS										
FINAL POSITIONS										